

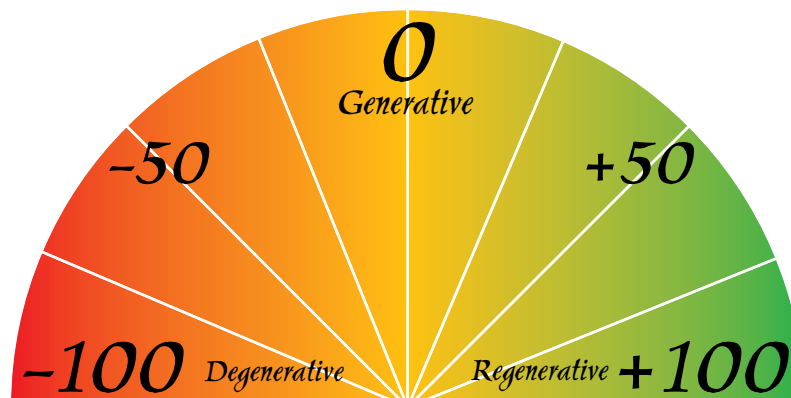


## FOUR PILLARS DETERMINING FACTORS

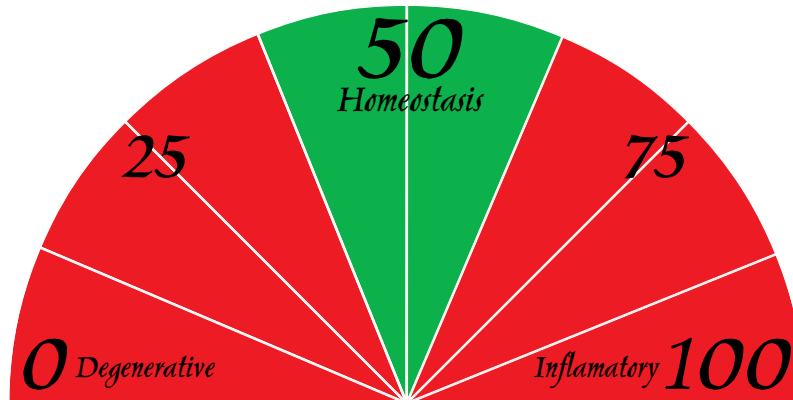
We start with hard science, and from nutritional analysis by scientific instruments, we chose the most concentrated nutritious foods available that are in alignment with the ProTerrain Diet and feed the body more so than the pathogenic host bacteria in our body. This is where most companies stop and Conscious Planet starts.

<b>Nutrition Facts</b>		<b>Valeur Nutritive</b>	
per 2 scoops (45g)		par portion de 2 godets (45g)	
Amount		% Daily Value	
Teneur		% valeur quotidienne	
Calories / Calories	180		
Fat / Lipides	4.5g	7%	
Saturated / saturés	0.5g	3%	
+ Trans / trans	0g		
Cholesterol / Cholestérol	0mg		
Sodium / Sodium	65mg	3%	
Carbohydrate / Glucides	21g	7%	
Fiber / Fibres	15g	60%	
Sugars / Sucres	4g		
Protein / Protéines	13g		
Vitamin A / Vitamine A		2%	
Vitamin C / Vitamine C		2%	
Calcium / Calcium		8%	
Iron / Fer		60%	

Next we narrowed down this list and identified which foods had the most vital life force energy to compensate for the lack of vitality in our food, soil, environment and our bodies. This scale goes from -100 and Degenerative (taking energy from the body), mid point is 0 and Generative (giving the body just what it needs to take care of itself) and +100 and Regenerative (which gives extra energy to the body to rejuvenate from disease). This is measured by scientific instruments and advanced kinesiology.



Then we realized that even though high vital life force energy foods were required, some were too strong and exotic to use all the time, like: herbs, algae, phytoplanktons and fruits that are more medicinal and can put the body into an inflammatory state. This is equally as stressful to the body as a deficiency state caused by unutilizable nutrients unless used at the right time and in conjunct with other foods to balance them off. The next determining factor was actually testing the bodies response to the foods with electro dermal screening and is a common method that naturopathic doctors use. This homeostasis or balance scale goes from 0-100 and the ideal measurement is 50. This is measured by scientific instruments and advanced kinesi-ology.



Then we added one more determining factor... measuring the level of consciousness (LOC). In simple terms this was measuring the level that the foods vibrated in relation to an arbitrary scale created by David Hawkins who revolutionized muscle testing. Would you rather eat foods that resonated at the level of anger and fear or ones that resonated at a level of joy and enlightenment? This factor has put the Conscious Planet products in a league of their own all measuring 1000 out of 1000 based on the factors of the most appropriate products for Conscious Planet and the health and well being of humans. This is measured by advanced kinesiology.

